



(650) 721-2262
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GREENS & GRAINS

Provencal **V** 6.95

- baby spinach, pears, apples, goat cheese, caramelized walnuts, apple-cider vinaigrette

Athenian **V** 6.95

- organic spring mix, marinated red and yellow beets, shaved fennel, pinenuts, goat cheese, balsamic vinaigrette

Edamame **V N GF** 6.95

- organic edamame, organic spring mix, carrots, balsamic vinaigrette

Hail Caesar **V** 6.95

- romaine hearts, shaved parmesan, chipotle croutons, CoHo Caesar dressing

Tropicana **V N GF** 6.95

- organic spring mix, avocado, mango, jicama, basil-cilantro vinaigrette

Sweet Baby **V** 6.95

- organic spring mix, candied pecans, cherry tomatoes, blue cheese, honey-Creole mustard vinaigrette

Mediterranean Plate **V N** 6.95

- hummus spread, tzatziki, Spanish eggplant, Greek olives and pita bread

Vegetarian Chili **V N** 6.95

- four bean chili served with quinoa

Kale & Farro Salad **V N** 8.50

- fresh lacinato kale with roasted almonds, dried apricots and fresh blueberries, white wine vinaigrette

Jalapeño Polenta **V GF** 8.50

- with Santa Fe black bean salad

Peruvian Red Quinoa **V N GF** 8.50

- roasted vegetable salad, organic spring mix, cherry tomatoes, white wine vinaigrette

Greek Salad 6.95

- feta, cucumber, tomato, bell peppers, red onions, olives with house dressing

EXTRAS

add Grilled Chicken 1.50

add Crispy Tofu **V** 1.50

add Grilled Salmon 3.50

add Quinoa **V N GF** 1.50

SANDWICHES

served with balsamic-dressed organic spring mix

Chickadee 6.95

- herb-grilled chicken, mozzarella, lettuce, tomato, avocado, red onion, mayonnaise, on French roll

Club House 6.95

- thick, all-natural bacon, turkey, cheese, lettuce, tomato, mayonnaise, white or 9-grain bread

Classic BLT 6.95

- thick, all-natural bacon, lettuce, tomato, side of sliced apples, mayonnaise, white or 9-grain bread

Italiano 6.95

- all-natural ham OR turkey, mozzarella, avocado, lettuce, mayonnaise, focaccia

Farm Boy 6.95

- roast beef, mozzarella, lettuce, tomato, red onion, pickles, mayonnaise, 9-grain

Massive Shroom **V** 7.95

- roasted Portobello, eggplant, Swiss, baby spinach, tomato, red onion, pickles, mayonnaise, hamburger bun

New Yorker 6.95

- meatballs, shaved Parmesan, tomato sauce, mozzarella, hamburger bun

Satin Doll 6.95

- creamy chicken salad, dried cranberries, chives, on buttery croissant

Seaside 6.95

- creamy tuna salad served on a buttery croissant

Cubano 7.95

- ham, turkey, grilled chicken, mozzarella, lettuce, tomato, pickles, mayonnaise, on French roll

Dixie 7.95

- pulled pork and bbq sauce, on hamburger bun, served with sweet potato fries

Egg Salad Sandwich **V** 6.95

- eggs, dill, celery, red onions, whole-grain mustard, mayonnaise, lemon juice, parsley, on sourdough bread

PANINIS & MORE

served with balsamic-dressed organic spring mix

GF (for a Gluten-Free Panini, add \$2 for our Gluten, Soy, Dairy and Nut-Free bread)

Caprese **V** 6.95

- fresh mozzarella, roasted tomatoes, basil, aioli, on Pierini panini bread

Parma 6.95

- sliced ham, mozzarella, pickles, aioli, on Pierini panini bread

Agricola **V** 6.95

- roasted Portobello, mozzarella, baby spinach, aioli, on Pierini panini bread

Romania 6.95

- pastrami, pepper Jack cheese, caramelized onions, pickles, aioli, on rye

Apple & Brie Panini **V** 7.95

- brie, sliced apples, candied walnuts, on Pierini panini bread

Sandwich Combo **V** 7.50

- tomato-basil bisque and grilled cheese

PASTA

Meatballs 6.95

- pasta, Bolognese sauce, and shaved Parmesan

Grilled Chicken 6.95

- pasta, creamy mushroom sauce, and shaved Parmesan

Sauteed Vegetables **V** 6.95

- pasta, roasted tomato-basil sauce and shaved Parmesan

Salmon Fillet 8.25

- pasta, creamy mushroom sauce and shaved Parmesan

Asparagus Risotto **V** 8.25

- with roasted tomato sauce and shaved Parmesan - with your choice of salmon fillet OR grilled chicken

V Vegetarian

N Vegan

GF Gluten-Free

